# VA Acronyms for Dummies ©

# **VJO:** Veterans Justice Outreach Program

-link resources to justice-involved Veterans-can provide assessment, treatment recommendations, and liaise with Probation, attorney.

# SATP: Substance Abuse Treatment Program

-outpatient substance use treatment located on both Vancouver and Portland VA campuses

# **ACCESS Clinic:**

-SATP (Substance Abuse Program) intake clinic held each Wednesday at 8:00 a.m. at the Vancouver VA, 1601 East 4<sup>th</sup> Plain Blvd, Building 11, first floor

#### 5C: inpatient psychiatric unit at the Portland VA Medical Center

-Veteran needs to present at the Portland VA Hospital ER to be assessed for admittance to 5C. VJO cannot facilitate transfers from jail to 5c.

# **RRTP: Residential Rehabilitation Treatment Program**

**Locally** -residential treatment on the Vancouver VA campus, building 12 -there is a shorter 45-day track for Veterans who have housing and longer track (typically 120 days) for Veterans who are homeless

Roseburg: VA hospital with both PTSD and SATP

Walla Walla: VA hospital in Walla Walla, Washington which offers 30-day inpatient substance use program

White City: VA medical center in southern Oregon which offers 6-9 months residential treatment

# HUD/VASH:

housing program which provides subsidized rental vouchers and case management services to Veterans who have experienced chronic homelessness

#### **CRRC: Community Resource and Referral Center**

-provides primary care, housing support for Veterans who are homeless or at risk of being homeless, located at 308 SW 1st Street, Portland

#### **CBOC: Community Based Outpatient Clinic**

-smaller VA clinics that provide very basic and common outpatient services. They have been implemented in more rural areas.

# **GPD: Grant Per Diem**

-transitional housing assistance for Veterans

TPI: Transition Projects Inc-shelter with Veteran-specific programming in downtown Portland-- 4 months

CCC: Central City Concern -2 year program at the Henry Building in downtown Portland

#### Voc Rehab: Vocational Rehabilitation

-employment assistance for Veterans

#### **CWT: Compensated Work Therapy**

-short-term job placement (typically 6 months) at the VA hospital for Veterans re-engaging with employment; must meet specific criteria for program

# **OEF/OIF TCM Program:**

-specialized case management services for Veterans transitioning from recent military service- Operation Enduring Freedom and/or Operation Iraqi Freedom, OND

# <u>Clinical Terms</u>

# PTSD: Post Traumatic Stress Disorder

-a mental health problem that can occur after someone goes through a traumatic event like war, assault, an accident or disaster. Symptoms may include hypervigilance, anxiety, isolation, avoidance, insomnia, nightmares, and flashbacks. Symptoms may overlap with TBI.

## TBI: Traumatic Brain Injury

- may happen from a blow or jolt to the head or an object penetrating the brain. Not all injuries to the head result in a TBI.

-Symptoms of TBI include:

headaches, hearing loss, dizziness/problems walking, fatigue, irritability, memory problems, personality shifts, and problems paying attention. These changes are often related to how severe the brain injury was at the time of injury.

#### **MST: Military Sexual Trauma**

- the term used by the Department of Veterans Affairs (VA) to refer to experiences of sexual assault or repeated, threatening sexual harassment that a Veteran experienced during his or her military service.

- Every VA health care facility has a designated **MST Coordinator (Kelly Dominici 503-220-8262 x32713**) who serves as a contact person for MST-related issues. This person can help Veterans find and access VA services and programs. He or she may also be aware of state and federal benefits and community resources that may be helpful.